

LIFELINE WELFARE SOCIETY

ANNUAL REPORT 2023-24

Village - Andora,
Tq. Kallam,
District Dharashiv
Pin - 413 507 (MS) INDIA
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Origin of the Organisation (Lifeline Welfare Society)

The 'Lifeline Welfare Society', founded by Mr.Manik Tambare and Mr.Balaji Ghadge both dedicated to empower the rural areas of the country applying best practices, modern technologies and values. The society focuses on five major verticals i.e. Community Mobilization, Water & Sanitation, Agriculture & Livelihood, Education, and Health and Nutrition respectively that are addressed with reference to global practices, corporate and social accountabilities. The organisation follows the strategies to Engage, Execute, Empower and Exit.

The founders of the organisation belong to typical rural background specifically of drought prone, famine-stricken Dharashiv district of Maharashtra state. Being origin of farmer families, are much more aware and known to issues faced by rural farmers in the localities. The issues and difficulties frequently faced by the farmer families were the basic entry subjects for them to work on. Initially they started sharing these concerns with like-minded people and systems so that the potential solutions are worked out. The initiatives initiated inspired some of the individuals in the area who gradually came together and constituted structured systems and got legally registered as 'LIFELINE WEFARE SOCITY' to addressed the issues systematically and find out potential solutions collectively. Since it's inception the organisation is striving to address various social issues and attempting for overall empowerment and developments of various sections of the society.



Promoting unique society to create developmental opportunities and raise access to mainstreams without discrimination of cast, creed, language, race, religion where the poor, the marginalized and the underprivileged enjoy equal opportunities and participate equally in the developmental mainstreams.



Building capacities of youth, women, aged, tribes and small and marginal farmers with a view furthering their socio- economic conditions with special reference to health, natural resource management, livelihood, education, governance and constitutional rights.



Registrations & Legal Details

Act/s under which Registered	Date of Registration	Place of Registration	Registration No.
Society Registration Act 1860	09.04.2021	Osmanabad	Os'bad/0000091/2021
Bombay Public Trust Act 1950	27.12.2021	Osmanabad	F - 0013442(OSM)
PAN (e-PAN)	09.04.2021	Pune	AACAL8728K
80G Certificate	22.06.2022	Pune	AACAL8728KF20221
12A Certificate	03.08.2022	Pune	AACAL8728KE2022101
CSR1 Certificate	29.12.2022	Pune	CSR00044054
NGO DARPAN Certificate	16.09.2022	Delhi	MH/2022/0325035

Dr. Sandip Tambare, CEO Ayush Institute of Addiction Management

Excellence in the field of addiction management



Dr. Sandip Tambare completed graduation from Indian Medical Sciences and special training for addiction management from NISD New Delhi and special training for Research from NDDTC, AIIMS New Delhi. He completed his doctorate in addiction management from World Peace Institute of United Nation. Now he is working as a CEO of Ayush Institute for Addiction Management and rehabilitated about 3000 addicted youth in rural districts of Maharashtra.

The Times Power Icon 2024 – Excellence in the field of addiction management Dated 18th March 2024 By the Times Group.

- ❖ **Centre of excellence for Addiction Management** –on occasion of 6th National Conclave Award 2023, New Delhi.
- ❖ **Best Social Work Award** In celebration ceremony of 4th National Conference on Evidence based Ayush interventions, dated 16th Aug 2022.
- ❖ **Health Icon Awards** – Best de-addiction services towards society, dated 12th Dec 2022 honour ceremony held by Pudhari News Paper at Hotel Le-Meridian Pune.



Partners

- Ministry of Social Justice and Empowerment Government of India
- Ministry of AYUSH, Govt. of India
- Social Justice and Special Assistance Government of Maharashtra
- Maharashtra Police (Sub Divisional Police Department Barshi)
- Social Welfare Department Z. P. Solapur
- Punyashlok Ahilyabao Holkar University, Solapur
- Lions Club Barshi
- Shri Shivaji Mahavidyalaya, Barshi
- Local Governance & Administration

PROJECTS



**Ayush Institute For
Addiction
Management**



**Ayush Ayurved
Hospital**



**Ayush Geriatric
Care Centre**

Ayush Institute for Addiction Management



Ayush Institute for addiction Management is project implemented under Lifeline Welfare Society working for addiction free society since 2021 onwards. Being health and research field experienced organisation we have planned and implemented various programmes effectively & efficiently. The organisation is actively working closely and in associations with Ministry of Social Justice & Empowerment and Ministry of Ayush since inception of the organisation. It is also well connected to national and international agencies and organisation working in the field of drug demand reduction.

Impact

- 10 Lakh+ Population Sensitized and educated
- 10 Thousand+ Youths participated preventive education
- 3000 + Women Empowered
- 200+ Professionals trained in interventions
- 250+ Master Volunteer educated
- 30+ De-addiction Camps
- 5750+ OPD Services for Substance abuse
- 3000+ IPD Client for Substance abuse
- 1000+ Client Rehabilitated
- 15+ Research Articles publish

Our Team



Dr. Kundan Kamble
Psychiatrist Consultant
MD (Psy)



Dr. Sandip Tambare
C.E.O
Ph.D.Addiction Management



Dr. Rohit Kende
Medical Officer
B.H.M.S



Mrs.Kavita Andhare
Dietician
B.Sc Home Science,DNHE



Mr. Swapnil Jadhav
Clinical Psychologist
MA (Psychology)



Mrs.Sindhu Shingare
Social Worker
M.S.W



Mrs.Mrinalinee More
Family Counselor
MA (Psychology)



Mr. Ganesh Tambare
HR Manager
M.B.A



Mrs. Ashwini Kumbhar
Clinical Psychologist
MA (Psychology)

A – Awareness Generation

An awareness Program in Schools, Colleges, Villages, Institutions, and vulnerable Areas like slums, workplace and risk groups in educational institutes was organised to cover the issues like ill effect of substance use , reducing stigma, decision making skill drug refusal skill using methods like power point, films, rally, street play , speech etc. We have also focused on activates like good choices club, enhanced academic performers, drug free campus and Weaning away youth from drug abuse to prevent the substance abuse.

Through various campaigns, special occasions and with the help of NGOs and stakeholders . we have created awareness in the district.

Sr.No	Programs	Topics Covered	Beneficiaries
1	Navchetana	- The ill-effects of substance use - Early identification of substance use - Reducing stigmatization - Decision making skill - Drug Refusal skill - Good Choices Club	Students - 2650 Teachers- 130 Parents - 112
2	Nashamukt Youth Festival	- Ill-effect of substance use - Prevention of substance abuse - Refusal Skill - Life skill - Good Choice & Habits	Students-936 Teachers-Teachers Parents-28 Villagers-118
3	Nashamukt Yuvak Abhiyaan	- Ill-effect of substance use - Prevention of substance abuse - Refusal Skill - Life skill - Good Choice & Habits	07 Colleges 34 Volunteers 1463 Students 62 faculty
4	Nasha Mukat Gaav Abhiyaan	- Ill-effect of substance use - Prevention of substance abuse - Good Choice & Habits - Activities for Nasha Mukat Gav	166 Villages 10 Govt. Officer 60 Youth 20 Students
5	Nasha Mukat Bharat Abhiyaan	- Ill-effect of substance use - Prevention of substance abuse - Good Choice & Habits - Yoga, Meditation & Stress Management	10 Villages 05 Colleges 16 Govt. Officer 140 Youth 900 Students
6	Television Interview	- Saam Tv -saan sanjivani - Tv 9 Marathi - aarogydhansamda - Zee 24 Taas - vyanmukti shaky aahe - Durdarshan - Vyanmukt Gaav	56 k Views 10 k Views 8 k Views 122 k Views
7	Radio Interview	- Aakshavani Dharashiv - Marathwada Radio	All District All District
8	Social Media	- Youtube Chanel - Nashamukt Solapur - Facebook - Ayush For Nashamukti - Instagram - Navchetana	1200 Subscriber 5000 Followers 500 Follower
9	Publication	- Nasha Mukat Gaav - Zep - Vyanmuktichyaa shaaskiy yojana - Substance Use Disorder - Vyanmukti Parishad	3000 Books 4200 Books 1000 Books 350 Books 700 Books
10	News Paper Articles	Likmat , Divy Marathi , Pudhari ,Sakaal, Punynagari,	05 Articles
11	IEC Material	Pomplets, Brouchers , Poster	All 5000 Copies



B – Preventive Education

The Preventive education to address specific target group which are vulnerable and at risk group in educational institutions, workplace, factory workers, slum areas, commercial sex workers etc with the purpose of sensitizing the target group and the community about the impact of substance dependence, accept the need for help and accordingly seek professional help from the Ayush Institute for the treatment and rehabilitation.

Sr.No	Target Group	Topic	Beneficiaries
1	Govt. PHCs in Barshi Taluka	- Substance and its Types - Signs and symptoms of substance abuse - Government initiatives	54 Villagers
2	NSS Students of MIT Railway Eng. College Barshi	- Laughter Therapy - Zumba Workout - Yoga , Meditation - Stress Management	36 NSS Students
3.	Villagers in Pangari Tq.Barshi Dist. Solapur	- Ill-effect of substance use - Prevention of substance abuse - Screening for substance use disorder - Treatment for Substance use disorder	200 Treatment 340 Villagers 112 Students
4	Villagers in Mamdapur Tq.Barshi Dist. Solapur	- Ill-effect of substance use - Refusal skills - Reduce stigma	400 villagers
5	NSS Students of Shri Shivaji Mahavidyalay Barshi	- Laughter Therapy - Zumba Workout - Yoga , editation - Stress Management	NSS Students - 51 School Students-142
6	NSS Students of B.P.Sulakhe Comers College barshi	- Laughter Therapy - Yoga , Meditation - Stress Management	NSS Students - 32 Students-42 Villagers - 70



C - Training for Capacity Building

The Ayush Institute For Addiction Management in association with Social Welfare Dept. Zilla Parishad, Solapur, Nursing & Medical, Social Work and psychology colleges from localities organised & conducted one day capacity building training workshop especially for the students. The experts arranged as resource persons imparted exhaustively demonstrative training inputs to the participants. Similarly, the basic training programme specifically for the professionals i.e. MSWs, Psychologists, General Medical Practitioners and students from medical colleges who are more in concern with addiction treatment was organised and conducted. The experts arranged as resource persons imparted exhaustively demonstrative training inputs to the participants.



Sr. No.	Name of the Program	Topics	Participants
1	Training program on De-addiction treatment for Doctors & Medical Students	- Early identification of substance use and associated risk factors - Early intervention for prevention of substance use and treatment protocols - Orientation of drug abuse treatment , counseling and rehabilitation	General Practitioner - 20 Medical Students – 82
2	Workshop on Implementation Nasha Mukh Bharat Abhiyaan	- Substance and its Types - Signs and symptoms of substance abuse - Assessments for substance use disorder - Interventions for substance use disorder	GNM Students – 56 Bsc Nursing Students - 46
3	Master Volunteer training for Nasha Mukh Bharat Abhiyaan of NSS Students	- Substance and its Types - Signs and symptoms of substance abuse - Myths and facts related to drug abuse - Government initiatives - Life skills model	NSS Students - 217
4	Workshop on Preventive Education for substance abuse	- Substance and its Types - Signs and symptoms of substance abuse - Government initiatives - Life skills model	ASHA Workers - 38 Aanganwadi Workers - 43
5	Capacity Building – Master volunteer training for Nasha Mukh Bharat Abhiyaan	- Sensitization programs in villages of Barshi - Involvement of youth in preventive educative - Weaning away youth from drug abuse - Making good choices and habit	- Student - 45 - Teachers -22 - Villagers -79

D - Scientific and Evidence Based Treatment

According to the 'World Health Council' the addiction is recognised as a disease and continues for lifelong. It requires continuous treatment back up failing to it may cause reverse back. Most of the time drug disorders are stigmatised for various social aspects and instead of creating conducive environment and exploring possible facilities individuals are teased and oppressed. This causes individuals to get involved more and more into addictions instead overcome. In realisation of the circumstances 'Ayush Institute for Addiction Management' was established with well-equipped accessories & facilities involving qualified & trained staff. The institute is having systematic constructed premises with 60 bedded structured IPD facilities. The follow up of drug disorders treated on OPD basis are closely monitored and supervised till full recovery.

Treatment Methodologies & Approaches



Ayush Institute For Addiction Management

OPD

- Screening
- Brief Intervention
- Referral

IPD

- Assessment
- Case Management
- Treatment Plan
- Detoxification
- Pharmacological Intervention
- Psychological Intervention

Mental
Health

HIV
TB

General
Health

COMMUNITY

- Awareness Program
- Preventive Education
- Focused Intervention
- Capacity Building
- Screening Camp
- Early Identification
- Outreach and peer education

Rehabilitation

- Vocational Training
- Skill Development
- Livelihood Support
- Workplace Support
- Educational Support
- Family Support
- Financial Stability
- Legal Aid

Outcome

Sr. No.	Particulars	Beneficiaries
1	OPD Client	3009
2	IPD Client	2493
3	Referred Client	44
4	Drop Out Client	08
5	Deaths in Center	00
6	Total	3009

Impacts:

- ❑ The people in and around Solapur district visiting the institute and enrolling drug disorders for treatment & rehabilitation as it is recognised as most trusted and efficient institute in the area.
- ❑ The local governance, administration, youth and the CBOs functioning in the area are actively extending support and get involved in events organised time to time.
- ❑ The systems and structures established by people on themselves at village levels are functioning as vigilance squad and referral support.

E- Rehabilitation



In Order to promote meaningful livelihood activities and employment to in still a sense of purpose and self-esteem in individuals to steer them away from drugs programs for skill development , vocational training and livelihood support of recovered drug users have been carried out through corporations under the scheme of PM Daksh , PMGKVY in addition to this vocational training and livelihood program have also been carried out in the centre.

The youngsters after successful completion of treatment are sensitised in terms of financial soundness and encouraged to form 'Self-Help Groups' in their villages. The savings, internal lending as well as linkages to financial institutions have brought stabilities at group level. The SHGs constituted have started their one income generation activities with self-name& brands that are now becoming popular in localities.

In most of the cases family bonds, member relationships especially of husband-wife have been disrupted during addictions period. The challenges are resolved as part of treatment by providing psycho-social remedies and broken families are shaped & re-settled successfully.

Outcomes:	Sr. No.	Activity For Rehabilitation	Programs	Beneficiaries
	1	Vocational Training	04	78
	2	Skill Development	02	22
	3	Livelihood Support	03	38
	4	Workplace Support	08	124
	5	Educational Support	03	64
	6	Family Support	48	542
	7	Financial Stability	02	34
	8	Legal Support	00	03
	9	Total	70	905

F- Research for effective and affordable treatment

The Ayush institute for addiction management with an aim to develop measures based on scientific evidence which are relevant to different socio – cultural environment and social groups continuous research and study's have undertaken in collaboration with apex institution on drug use like National drug depends treatment centre New Delhi , All India Institute of Ayurveda Delhi, National Institute Of Ayurveda Jaipur,



Dr.SandipTambare CEO – Presenting research article on The effect of addiction on economy of Nation in Global Centenary Conference at London School of Economics (UK)

Sr.No	Article	Publication
1	'Universal Risk of Substance Use Disorder'	'World NRI Congress' British Parliament in London
2	'Dissertation of Alcohol use Disorder'	'International Conference on Public Health' at Thailand , Bangkok
3	'Addiction & Treatments'	Annual Conference of the International Society of Addiction Medicine New Delhi
4	"Effects of yoga on individuals with alcohol use disorders"	'10 th International Asian Summit at Bangkok
5	A Conceptual Study of Alcohol Use Disorder (Chronic Alcoholism)	International Journal of Ayush and Alternative Medicine Vol 5
6	"Efficacy of Shirodhara use for Alcohol Withdrawal Management"	'International Conference on Public Health' VOL 4
7	"Yoga as a Treatment for Alcohol Use Disorder"	National Conference on Addiction Psychology
8	on "A Comparative Study of the Effectiveness of Shavasana on a Person with Alcohol Consumption Disorder"	International Society of Addiction Medicine VOL 21,

Ayush Ayurved Hospital



Ayurveda and Yoga offers a wide range of holistic treatments covering Preventive, promotive , curative , rehabilitative and rejuvenatory needs these systems of medicines are generally cost effective and valuable and attracting incising attention globally their for Ayush Ayurved Hospital providing awareness, Education, Capacity Building, Research and innovations since last two years.

Ayush Ayurved Hospital mainly aims at to promote ayush intervention for community health care, to demos treat advantages of ayush health care in public health. we have provided Ayush health care facility not only in the hospital but also in community with various activity like Ayush awareness camp , Ayush treatment camp, capacity building and continuing medical education, research and innovation, celebrating occasions like international yoga day and national Ayurveda Day.

Sr.No	Intervention	Beneficiary
1	OPD Treatment	1910
2	IPD Treatment	758
3	Referrals	46

Ayush awareness camp

To create awareness among the citizens about the efficacy off the Ayush system, their cost effectiveness and the availability of services. We are using various communication channels to achieve the objective of health for all.

1. Demonstration of home remedies for treatment of common ailments in Ayush
2. Live yoga day demonstration
3. Promotion of Ayush systems
4. Orientation of Dincharya , Rutucharya , Sadvurutta , Acharrasayan

We have organized 42 Ayush Awareness camp in various vilaages of Barshi Taluka of Solapur District in 2023-24 approximate 5000 villagers are beneficiated during these program we have also arranged Yoga Camp on occasion of international yoga day (21 June 2024) at Ayush Ayurved Hospital and National Ayurveda Day.

Capacity Building and Continuing Medical Education (CME)



Capacity Building is the process of developing and strengthening the skills, instincts, abilities processes and recourses that organizations and communities need to survive, adapt and thrive in a fast changing world. The essential ingredient in capacity building is transformation that is generated and sustained over time.

Ayush Ayurved Hospital organized capacity building and Continuing medical education in Ayush which aims at to create enhance and develop constituents capacity at district level in Ayush health care system. To improve health practices through Ayush which are sustainable. To encourage Ayush professionals to under go need based professional orientation and professional skill development. To update the professional knowledge of doctors to adopt good clinical practices. To train doctors in emerging trains of health care and scientific outcomes for standards of health care delivery .

Sr.No	Program	Topic	Participants
1	Workshop on Ayurveda and Yoga Intervention for Substance abuse	Yoga, Meditation, Acharrsayan, Sadvrutta, Satwajaychikitsa	52 Ayurveda Practitioners
2	Workshop on homeopathic interventions for substance abuse	Assessment and homeopathic remedies for substance abuse	46 Homeopathic Practitioners
3	International Yoga Day	Yoga For Mental Health	130 Professionals in IRCA
4	National Ayurveda Day	Madatyay- Conceptual study	30 Ayurvedic Professionals

Research and Innovations in Ayush :

Ayurveda and Yoga includes therapies documented and used in these systems for the orientation and Care of various disorders and diseases. The Ayush Ayurveda hospital is engaged for the scientific validation of these therapies . Hospital is working to develop evidence based support on the efficacy of Ayush drug and therapies.

Sr.No	Article	Publication
1	A Clinical study to evaluate the effects of shreekhandasava in Madatyaya w.s.r. to alcohol use disorder	International conference on psychoactive drug and addiction at Rome (Italy)
2	A pilot study of Ayurvedic Management in addiction	Ayush Ayurved Hospital on going project

Ayush Geriatric Care Home

All the issues of relevance to older persons have been taken into account in the Ayush Geriatric care Home in order to ensure that older persons are not left behind and they can live a long and healthy life. This home takes care of needs of the senior citizens viz. financial security, shelter, food, health care and human interaction, life of dignity. It also includes the facets of safety, protection and general wellbeing of the elderly beginning by generation of awareness and sensitization of the society

Vision - A society in which Senior Citizens live a healthy, happy, empowered, dignified and self-reliant life along with strong social and inter-generational bonding.

Mission - Building an envisioned society by providing access to Sr citizens adequate food, water, shelter, clothing, health care, financial and social security, recreation, required opportunities and resources

Major Components Focused in Ayush Geriatric Care Centre:

Treatment - The aged suffering specifically from joint pain, bone damages, body pains etc are provided with Ayurvedic Snehana (Massage), Swedan Treatments (Steam Bath) as well as various Physio Therapies besides regular treatments.

Shelter - The destitute and deserving older persons without protections are enrolled in the centre and provided with shelter facility for as long as wishes to stay.

Food - The quality food is also provided during stay of older persons in the centre.

Counselling - As per requirements the counselling facility is provided to the family members, relatives or the concerned people to the older persons. This help to solve the disputes arrived in life of older persons.

Entertainment - All the entertainment facilities as per interest of the older persons are made available during stay of the older persons in the centre. The instruments and equipment are provided for playing music, singing songs, performing talents and arts (Bhajan, Kirtan, Aradhya Songs), books for reading etc.

Love and affection - The team working in the centre is well qualified and trained and extending quality services to the older persons. It is highly ensured that the services extended are full of love, care and affection and created we-feeling and healthy environment in and around the centre.

Total 32 aged having different socio-medical disadvantages including destitute, deprived and without protection were enrolled in the centre who all enjoying requisite services made available. Besides, about 118 aged with main focus to women beneficiaries were provided with in kind and manual services on visiting basis.



Collaborative Agencies:

The '**LifelineWelfare Society**' organized and executed the stated programs successfully in active support and involvement with central level agencies i.e. Ministry of Social Justice and Empowerment Govt. of India, Ministry of Ayush Govt. of India, National institute of Social Defence, National Drug Dependence Treatment Centre AIIMS, Central Council for Research in Ayush and Siddha, Central Council for Research in Yoga and Naturopathy respectively.

Besides central agencies, the collaboration and assistance was also explored at agencies and systems functioning at state levels i.e. Ministry of Social Justice and Special Assistance Govt. of Maharashtra, Ministry of Health and Family Welfare Govt. of Maharashtra, Social Welfare Department State level Coordinating agency Maharashtra, Police Department, Revenue Department, Health Department, District industrial Centre, District Information Department and local CBOs, NGOs, groups and individuals functioning in and around the area.

We have served to the peoples from weaker section of society special Thanks for all above mentioned government and no-government organization.

Date 15th April 2023



Secretary
Lifeline Welfare Society
Andora, Tq. Kallamb, Dist. Os'bad

Mr. Balaji Ghadge
Secretary, Lifeline Welfare Society ,
Andora, Tq. Kallam, Dist. Dharashiv
Maharashtra Sate (INDIA)
Pin 413507.



बाशी : पांगरी येथे आयुष केंद्राच्या वतीने आयोजित करण्यात आलेले व्यसनमुक्ती उपचार शिबिर.

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बाशी : प्रजासत्ताकदिनाच्या कार्यक्रमात आयुष केंद्रात व्यसनमुक्तीचे उपचार घेत असलेल्या रुग्णांनी कवायत सादर करताना केलेला मानवी मनोरा.

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नशामुक्तीसाठी योग प्रात्यक्षिके, मार्गदर्शन शिबिर

बार्शी : पुढारी वृत्तसेवा

सामाजिक न्याय व विशेष सहाय्य विभाग, समाजकल्याण कार्यालय, जिल्हा परिषद सोलापूर, आयुष व्यसनमुक्ती उपचार व संशोधन केंद्र जामगाव आयोजित नशामुक्त भारत अभियान पंधरवड्यानिमित्त जिल्हा समाजकल्याण अधिकारी सुनील खमितकर यांच्या मार्गदर्शनाखाली नशामुक्तीसाठी योग कार्यक्रम उत्साहात झाला.

आयुष व्यसनमुक्ती उपचार व संशोधन केंद्रात झालेल्या या कार्यक्रमासाठी प्रमुख पाहुणे म्हणून योग शिक्षिका डॉ. तनुजा चिकने, नाना देशमुख, बापू हुलुले, शरद तुपेरे,



बार्शी : योग प्रात्यक्षिके सादर करताना आयुष व्यसनमुक्ती केंद्राचे कर्मचारी.

आरोग्य सल्लागार स्वाती सावंत उपस्थित होते.

यावेळी आयुष व्यसनमुक्ती केंद्रातील परिवर्तनवादी मित्रांना

आयुष व्यसनमुक्ती केंद्राचे संचालक डॉ. संदीप तांबारे यांनी मार्गदर्शन केले.

या शिबिरामध्ये आयुष व्यसनमुक्ती केंद्राचे कर्मचारी व ९५ युवक उपस्थित

होते.

या शिबिरामध्ये भारत सरकारच्या आयुष मंत्रालयाने प्रकाशित केलेल्या मानसोपचारासाठी योगा, आसने, प्राणायाम आदींची प्रात्यक्षिके घेण्यात आली. योगशिक्षिका तनुजा चिकने यांनी योग ही एक आनंददायी व आरोग्यदायी जीवनपद्धती असल्याचे सांगितले.

कार्यक्रमावेळी रोहन जैद, विशाल राजगे, अंकित मुपडे, समाधान गंधीरे, गणेश सोनावणे, प्रवीण निचळ, विक्रम खांडेकर, प्रशांत गाडे यांनी योगाची विविध प्रात्यक्षिके सादर केली. यावेळी शहरातील नागरिकांची उपस्थिती होती.

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व्यसनमुक्ती जागृती पंधरवड्यात विद्यार्थी, पालकांना मार्गदर्शन

सोलापूर | सामाजिक न्याय व विशेष सहाय्य विभाग जिल्हा समाजकल्याण कार्यालय जिल्हा परिषदेतर्फे व्यसनमुक्ती जनजागृती पंधरवड्यानिमित्त आयुष व्यसनमुक्ती केंद्रातर्फे छत्रपती शिवाजी प्रशाला येथे विद्यार्थी शिक्षक व पालकांसाठी जनजागृती पर कार्यक्रम घेण्यात आला. याचे नियोजन आयुष व्यसनमुक्ती केंद्राच्या फॅमिली कौन्सिलर मृणालिनी मोरे यांनी केले.

यावेळी प्रमुख पाहुणे म्हणून जिल्हा समाजकल्याण अधिकारी सुनील

खमितकर उपस्थित होते. आयुष व्यसनमुक्ती केंद्राचे संचालक डॉक्टर संदीप तांबारे यांनी विद्यार्थ्यांना मार्गदर्शन केले व व्यसनमुक्तीची शपथ दिली. नशामुक्त भारत अभियान सोलापूरचे ब्रॅण्ड अॅम्बेसेडर चिवडशेट्टी तसेच सई महिला मंडळाच्या अध्यक्षा जगताप, महिला सदस्य, शिक्षक व विद्यार्थी मोठ्या संख्येने उपस्थित होते. कार्यक्रमासाठी सुजित ढेकळे, राजेश तामाने गणेश तांबारे, अतुल चौधरी, संजीवनी मुळे, लता ढेरे यांनी विशेष परिश्रम घेतले.

